

# Avon Recreation Center Lap Pool Schedule: March 1-15, 2020

|             | Monday   6am-8pm  |                       |   |                   |                     |           | Tuesday   6am-8pm |               |   |                        |   |           | Wednesday   6am-8pm |                   |                       |                     |                   |                   | Thursday   6am-8pm |                   |                   |                   |   |                   | Friday   6am-8pm      |                   |                   |                        |                   |   | Saturday   8am-8pm |   |                     |                        |                        |           | Sunday   12-7pm |   |              |   |               |           |  |  |  |
|-------------|-------------------|-----------------------|---|-------------------|---------------------|-----------|-------------------|---------------|---|------------------------|---|-----------|---------------------|-------------------|-----------------------|---------------------|-------------------|-------------------|--------------------|-------------------|-------------------|-------------------|---|-------------------|-----------------------|-------------------|-------------------|------------------------|-------------------|---|--------------------|---|---------------------|------------------------|------------------------|-----------|-----------------|---|--------------|---|---------------|-----------|--|--|--|
| Time/Lane # | 1                 | 2                     | 3 | 4                 | 5                   | Dive Well | 1                 | 2             | 3   | 4                      | 5 | Dive Well | 1                   | 2                 | 3                     | 4                   | 5                 | Dive Well         | 1                  | 2                 | 3                 | 4                 | 5   | Dive Well         | 1                     | 2                 | 3                 | 4                      | 5                 | Dive Well                                 | 1                  | 2 | 3                   | 4                      | 5                      | Dive Well | 1               | 2 | 3            | 4 | 5             | Dive Well |  |  |  |
| 6-7am       | Open Lap Swim (1) | Masters Swim Team (3) |   |                   | Open Lap Swim (1)   |           | Open Lap Swim (5) |               |   |                        |   |           |                     | Open Lap Swim (2) | Masters Swim Team (2) | Open Lap Swim (1)   |                   | Open Lap Swim (5) |                    |                   |                   |                   |   |                   | Masters Swim Team (2) | Open Lap Swim (3) |                   |                        |                   | Pool Opens at 8:00 AM                     |                    |   |                     |                        |                        |           |                 |   |              |   |               |           |  |  |  |
| 7-7:30am    |                   |                       |   |                   |                     |           |                   |               |   |                        |   |           |                     |                   |                       |                     |                   |                   |                    |                   |                   |                   |   |                   |                       |                   |                   |                        |                   |   |                    |   |                     |                        |                        |           |                 |   |              |   |               |           |  |  |  |
| 7:30-8:30am | Open Lap Swim (5) |                       |   |                   |                     |           |                   |               |   |                        |   |           |                     | Swim Team (2)     |                       |                     | Open Lap Swim (3) |                   |                    |                   | Open Lap Swim (5) |                   |   |                   |                       |                   |                   | Swim Team (3)          |                   |   | Open Lap Swim (2)  |   |                     |                        | Pool Opens at 12:00 PM |           |                 |   |              |   |               |           |  |  |  |
| 8:30-9am    |                   |                       |   |                   |                     |           |                   |               |   |                        |   |           |                     |                   |                       |                     |                   |                   |                    |                   |                   |                   |   |                   |                       |                   |                   |                        |                   |   |                    |   |                     |                        |                        |           |                 |   |              |   |               |           |  |  |  |
| 9-9:30am    | Open Lap Swim (4) |                       |   |                   | Deep Water Aquatone |           | Swim Team (2)     |               | Open Lap Swim (3)                         |                        |   |           |                     | Open Lap Swim (2) |                       | Deep Water Aquatone |                   | Open Lap Swim (5) |                    |                   |                   |                   |   |                   | Swim Team (2)         |                   | Open Lap Swim (1) | Shallow Water Aquatone | Open Lap Swim (3) |   |                    |   |                     |                        |                        |           |                 |   |              |   |               |           |  |  |  |
| 9:30-10am   |                   |                       |   |                   |                     |           |                   |               |   |                        |   |           |                     |                   |                       |                     |                   |                   |                    |                   |                   |                   |   |                   |                       |                   |                   |                        |                   |   |                    |   |                     |                        |                        |           |                 |   |              |   |               |           |  |  |  |
| 10-10:30am  | Open Lap Swim (5) |                       |   |                   |                     |           | Swim Team (2)     |               | Open Lap Swim (1)                         | Shallow Water Aquatone |   |           | Open Lap Swim (5)   |                   |                       |                     |                   |                   |                    | Swim Team (2)     |                   | Open Lap Swim (3) |   |                   |                       |                   | Swim Team (2)     |                        | Open Lap Swim (3) |   |                    |   | Open Lap Swim (4)   |                        |                        |           |                 |   | Swim Lessons |   |               |           |  |  |  |
| 10:30-11am  |                   |                       |   |                   |                     |           |                   |               |   |                        |   |           |                     |                   |                       |                     |                   |                   |                    |                   |                   |                   |   |                   |                       |                   |                   |                        |                   |   |                    |   |                     |                        |                        |           |                 |   |              |   |               |           |  |  |  |
| 11am-12pm   |                   |                       |   |                   |                     |           |                   |               |   |                        |   |           |                     |                   |                       |                     |                   |                   |                    |                   |                   |                   |   |                   |                       |                   |                   |                        |                   |   |                    |   |                     |                        |                        |           |                 |   |              |   |               |           |  |  |  |
| 12-12:30pm  | Open Lap Swim (5) |                       |   |                   |                     |           | Open Lap Swim (3) |               | Howard Head Physical Therapy (12:15-1:15) |                        |   |           |                     | Open Lap Swim (5) |                       |                     |                   |                   |                    |                   | Open Lap Swim (3) |                   | Howard Head Physical Therapy (12:15-1:15) |                   |                       |                   |                   | Open Lap Swim (3)      |                   | Howard Head Physical Therapy (12:15-1:15) |                    |   |                     |                        | Open Lap Swim (3)      |           |                 |   |              |   | Scuba March 7 |           |  |  |  |
| 12:30-1pm   |                   |                       |   |                   |                     |           |                   |               |   |                        |   |           |                     |                   |                       |                     |                   |                   |                    |                   |                   |                   |   |                   |                       |                   |                   |                        |                   |   |                    |   |                     |                        |                        |           |                 |   |              |   |               |           |  |  |  |
| 1-2:30pm    |                   |                       |   |                   |                     |           |                   |               |   |                        |   |           |                     |                   |                       |                     |                   |                   |                    |                   |                   |                   |   |                   |                       |                   |                   |                        |                   |   |                    |   |                     |                        |                        |           |                 |   |              |   |               |           |  |  |  |
| 2:30-3:30pm | Open Lap Swim (5) |                       |   |                   |                     |           | Open Lap Swim (5) |               |   |                        |   |           |                     | Open Lap Swim (5) |                       |                     |                   |                   |                    |                   | Open Lap Swim (5) |                   |   |                   |                       |                   |                   | Open Lap Swim (5)      |                   |   |                    |   |                     | Scuba March 8          |                        |           |                 |   |              |   |               |           |  |  |  |
| 3:30-4pm    |                   |                       |   |                   |                     |           |                   |               |   |                        |   |           |                     |                   |                       |                     |                   |                   |                    |                   |                   |                   |   |                   |                       |                   |                   |                        |                   |   |                    |   |                     |                        |                        |           |                 |   |              |   |               |           |  |  |  |
| 4-4:30pm    |                   |                       |   |                   |                     |           |                   |               |   |                        |   |           |                     |                   |                       |                     |                   |                   |                    |                   |                   |                   |   |                   |                       |                   |                   |                        |                   |   |                    |   |                     |                        |                        |           |                 |   |              |   |               |           |  |  |  |
| 4:30-5:00pm | Swim Team (3)     |                       |   | Open Lap Swim (2) |                     |           |                   | Swim Team (3) |   | Open Lap Swim (2)      |   |           |                     |                   | Open Lap Swim (3)     |                     | BMHS TRACK TEAM   |                   |                    |                   |                   | Swim Team (3)     |   | Open Lap Swim (2) |                       |                   |                   |                        | Open Lap Swim (5) |   |                    |   |                     |                        | Dive Well Open Swim    |           |                 |   |              |   |               |           |  |  |  |
| 5:00-5:30pm |                   |                       |   |                   |                     |           |                   |               |   |                        |   |           |                     |                   |                       |                     |                   |                   |                    |                   |                   |                   |   |                   |                       |                   |                   |                        |                   |   |                    |   |                     |                        |                        |           |                 |   |              |   |               |           |  |  |  |
| 5:30-6pm    |                   |                       |   |                   |                     |           |                   |               |   |                        |   |           |                     |                   |                       |                     |                   |                   |                    |                   |                   |                   |   |                   |                       |                   |                   |                        |                   |   |                    |   |                     |                        |                        |           |                 |   |              |   |               |           |  |  |  |
| 6-6:30pm    | Swim Team (4)     |                       |   |                   | Open Lap Swim (1)   |           | Swim Team (4)     |               | Open Lap Swim (1)                         | Swim Lessons           |   |           | Swim Team (4)       |                   | Open Lap Swim (1)     | Adult Swim Lessons  |                   | Swim Team (4)     |                    | Open Lap Swim (1) | Swim Lessons      |                   |   | Swim Team (4)     |                       | Open Lap Swim (1) | Open Lap Swim (5) |                        |                   |   |                    |   | Dive Well Open Swim |                        |                        |           |                 |   |              |   |               |           |  |  |  |
| 6:30-7pm    |                   |                       |   |                   |                     |           |                   |               |   |                        |   |           |                     |                   |                       |                     |                   |                   |                    |                   |                   |                   |   |                   |                       |                   |                   |                        |                   |   |                    |   |                     |                        |                        |           |                 |   |              |   |               |           |  |  |  |
| 7-8pm       | Open Lap Swim (5) |                       |   |                   |                     |           | Open Lap Swim (5) |               |   |                        |   |           |                     | Open Lap Swim (5) |                       |                     |                   |                   |                    |                   | Open Lap Swim (5) |                   |   |                   |                       |                   |                   | Open Lap Swim (5)      |                   |   |                    |   |                     | Pool Closes at 7:00 PM |                        |           |                 |   |              |   |               |           |  |  |  |
|             |                   |                       |   |                   |                     |           |                   |               |   |                        |   |           |                     |                   |                       |                     |                   |                   |                    |                   |                   |                   |   |                   |                       |                   |                   |                        |                   |   |                    |   |                     |                        |                        |           |                 |   |              |   |               |           |  |  |  |

The Slide & Water Features turn on at 10:00am Monday-Saturday, and at 12:00pm on Sundays.  
 Programmed Swim Lessons will utilize parts of the Lap Pool, Dive Well, Slide, River and Leisure Pools on Tuesdays and Thursdays from 4:15-6:45pm, and on Saturdays from 9am-12pm.  
 Lap Swimming is available throughout the day during the above pool hours. There is no Lap Swimming when 5 lanes are being utilized.  
 The Diving Board and Climbing Wall are closed when the dive well is being utilized.  
 There will be no lap swimming available on Wednesdays from 4:30p-5:00p and 6:00p-7:20p.  
 SWIM LESSONS MAY UTILIZE A LAP LANE FOR PRIVATE INSTRUCTION.  
 WATER WALKING CLASS WILL UTILIZE THE LAZY RIVER ON THURSDAYS FROM 8:30-9:30 AM.  
\*Pool schedule is subject to change without notice\* Last Updated: 2/29/2020

